

January - February

# Forest Hills

[www.foresthillsdallas.org](http://www.foresthillsdallas.org)

# News



## Calendar of Events

**Thursday, Jan. 19, 7:00 p.m.**

Speaker Series, Dr. Anna Cabeza, *The Girl-friend Doctor* .....28

**Monday, Jan. 23, 7:00 p.m.**

Annual 1-23 FH Security Sign-up.....5

**Sunday Feb 5-12**

Sanger Show Your Heart Donation Event

**Sunday, May 21**

White Rock East Garden Tour .....9

**1<sup>st</sup> Saturday Jan. 1 and Saturday Feb. 4**

9 a.m. - Noon

Warren Ferris Cemetery Volunteer Days.

**4<sup>th</sup> Saturday Jan. 28 and Feb. 25**

10 a.m. Street and Alley Cleanup (SAC)

### Bulky Trash

**January** - Trash can go out

Thursday, Jan. 5 - Sunday, Jan. 8

Pick-up starts Monday, Jan. 9

**February** - Trash can go out

Thursday, Feb. 9 - Sunday, Feb. 12

Pick-up starts Monday, Feb. 13



## NOTICE

**Newsletter articles  
& ads are due  
Wednesday, February 1  
for the  
March/April 2023 Issue**

# Letter from the President



**Happy 2023!** I hope everyone had an enjoyable holiday season and made it through as healthy as possible during the winter. As we begin the new year with thoughts toward renewal and resolutions whether to yourself, your family or your community we have two suggestions for you. First, renew your Forest Hills Neighborhood Association. **See p. 5** for ways to renew or join as a new member and take note of the membership increase to \$45 for 65+ households and \$75 for all others. This increase will ensure we have future funds to pay for ongoing maintenance to the common areas and our common area trees and other utility increases as well as continued social events including our upcoming Forest Hills Centennial Celebration. Once you've renewed your membership, learn how to renew your health by joining us as The Girlfriend Doctor, Dr. Anna Cabeca talks to us about her new book, MenuPause. **See p. 28** for details and to RSVP.

Another really special way to assist throughout 2023 would be to join the Forest Hills Centennial Committee as Forest Hills will turn 100 years old in April 2024. This committee is forming now to begin planning for a big bash for Spring 2024. Or, share your stories with us — we are collecting records, memories, family histories and photos of our neighborhood history and invite our residents to share this with us as we lead up to celebrating Forest Hills turning 100 years in 2024. To do so, go to the link <https://foresthillsdallas.org/origins/submit-your-history/> where you can type information or upload documents.

- Katy O'Mara

## FHNA Officers - Committee Chairs & Liaisons

### **FHNA President**

Katy O'Mara  
fhna21.Gen@gmail.com

### **FHNA Vice President**

Alicia Alvarez  
fhnavicepres@gmail.com

### **FHNA Secretary**

Lori Hunt  
fhnadallas.secretary@gmail.com

### **FHNA Treasurer**

Erin Marino  
fhnatreasurer1@gmail.com

### **Beautification Chair**

Kurt Bielawski  
FHBeautification@gmail.com

### **Social Chair**

Kade Poulson  
fhnasocial@gmail.com

### **FHNA Newsletter Chairs**

Marissa Benavides  
marissagb@icloud.com  
Melissa Dermakar  
(Advertising)  
fhnacommunications@gmail.com

### **Membership & Newcomers Chairs**

Kathleen Davis  
Membership  
fhnadallas@gmail.com

Newcomers  
newtoforesthills@gmail.com

### **Planning & Zoning Chair**

Jason Pumpelly  
fhnapanadz@gmail.com

### **Communications Chair**

Aman Scott  
fhnacommunications@gmail.com

### **Fundraiser Chairs**

OPEN POSITION

### **Board Members at Large**

Christen Richardson  
FHNAmember02@gmail.com

Jaimee Slovak

fhnamember@gmail.com

David Benavides

rdavidbenavides@gmail.com

### **Liaisons**

#### **Animal Alert!**

Christi Cameron  
Cctx2ny@aol.com

#### **Alex Sanger Liaison**

Katy O'Mara  
fhna21.Gen@gmail.com

#### **FH Security Program**

Carol Lander  
Caroltlander@gmail.com

#### **FH Young Children's Club (FHYCC)**

Kate Reed - Melissa Pressley  
fhchildrensclub@gmail.com

#### **Ferguson Road Initiative**

Daniel Ortman  
daniel.ortman@fergusonroad.org

#### **Friends of the Warren Ferris Cemetery**

Julie Fineman  
Julie@julieannfinemann.com

#### **Waste Warriors Liaison**

Elizabeth Descarpentries  
Elizabethlylekinkead@msn.com

#### **Webmaster**

Sharon Hill  
sharonhilltexas@gmail.com

# Making Magic Happen to Guide You Home.

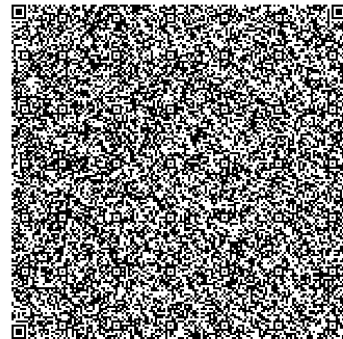
972-800-9753

MAHER MAGIC TEAM



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53 reviews



Kim Maher

[kim@mahermagic.com](mailto:kim@mahermagic.com)

Real Estate Agent, Team Lead,  
Owner Maher Magic



# THE BIG DIG



**The City of Dallas is performing a major wastewater main replacement in the neighborhood.** This project will affect traffic patterns on San Rafael, San Fernando Way and St. Francis over the next year. Please be patient as you navigate through the neighborhood. The project is currently underway at White Rock and San Fernando which is affecting those residents in the 8100 and 8200 blocks of San Fernando Way. This is a BIG project. This wastewater main is 30 inches in diameter and is located 20-30 feet below the street surface. It routes through Forest Hills from the Arboretum area, down San Fernando Way and back to Garland Road from San Rafael. It will be an inconvenience, but is a critical need if the area wants to have a failsafe sewer service.

We will keep you updated on the progress and any additional information received from the City or its contractor.



## Your Forest Hills expert and neighbor for 25 years

“What an incredible REALTOR®! We just purchased our third home from Becky. Wouldn’t want anyone else to help us. Amazing experience!”

—Wendy and Tom Rettinger, buyers,  
8463 Santa Clara and 8607 San Fernando Way

“She has a unique knowledge of Forest Hills. We were exceedingly happy with our experience!”

—John and Lenore Gilliland, sellers,  
8319 San Benito Way

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# WHO ARE WE? WHAT DO WE DO?



## FOREST HILLS NEIGHBORHOOD ASSOCIATION (FHNA)

501(c)(4) Non-profit  
Board of Directors monthly meetings  
Semi-annual neighborhood meetings

### Voluntary Household Dues January sign-up - Yearly

**\$75**  
\$45 (65 and over senior discount)

**DONATIONS WELCOMED**

### PURPOSE

Enhances the community spirit through beautification, social events, and communication.

- Plans neighborhood social events.
- Manages common medians and beautification projects.
- Addresses neighborhood construction, planning, and zoning.
- Provides important community, city, and environmental information.
- Communicates via the newsletter, signage, website, eblasts, and social media.

[foresthillsdallas.org](http://foresthillsdallas.org)



## FOREST HILLS SECURITY PROGRAM (FHSP)

501(c)(3) Non-profit  
Board of Directors quarterly meetings

### Voluntary Household Dues January 23 sign up - Yearly (1-23 IN campaign) - Multiple levels

Ring of Honor: **\$1,000**  
Platinum: **\$750**      Gold: **\$500**  
Silver: **\$350**      Bronze: **\$240**

**DONATIONS WELCOMED**



### PURPOSE

Provides security and educational services supporting crime prevention.

- Enlists off-duty uniformed officers to patrol in DPD vehicles.
- Schedules 60-65 patrol hrs. weekly/ 65-70 holiday patrol hrs. weekly.
- Provides home watch for participants while they are away.
- Monitors/tracks crime stats and trends to schedule patrols.
- Communicates via the newsletter, signage, website, eblasts, and social media.

[foresthillssecurity.org](http://foresthillssecurity.org)

# LET'S SPRING INTO ACTION!



Dear Forest Hills Neighbors –

As we begin the New Year, you may be wondering how you can best support our wonderful neighborhood that we call home. Filled with tree-lined streets and friendly neighbors, Forest Hills has been around for almost 100 years! In order for us to continue to keep the neighborhood beautiful as well as offer a variety of events, we need your support. It's time to **Spring into Action!**

Membership is the fastest and easiest way to support the neighborhood. Your membership fees go towards neighborhood beautification, such as median tree trimming, social events, and providing neighborhood communication to you via emails and the newsletter. We have historically tried to keep membership fees low to keep them accessible for each neighbor. Based on the feedback from last year's survey, two of the main priorities that were common amongst neighbors were both median tree maintenance and more social events, including adding some events just for adults. In order for us to provide these things, as well as fund our 100-year celebration, we are making a nominal increase in membership fees starting in 2023.

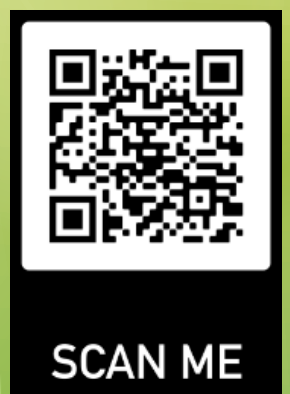
Annual membership fees will increase to \$75 per household and \$45 for +65 households. Membership fees can be paid either via check or online through our website. And starting this year, payment options will be processed through LumaPay, which allows payments with credit and debit cards, ACH debits, and Apple, and Google Pay. In addition to providing funds to support the efforts of the FHNA, annual membership gives you access to our online directory. Our online directory can be accessed via the FHNA website or with the QR Code below.

As part of our **Spring into Action!** campaign, households who pay their membership fees by March 20th, the first day of spring, will be entered into a drawing for a \$100 gift card to the restaurant of their choice.

In addition to financial support, the FHNA needs volunteers to help with our various committees. Volunteering is not only a great way to support the neighborhood, but also to meet some of your neighbors. Volunteering can be as simple as helping to set up for a single event, or a more involved ongoing responsibility such as managing beautification sponsorships in the neighborhood. The level of time commitment is up to you! If you are interested in volunteering, please see the Committee Reports on page xx for more details.

Thank you to each and every one of you for making Forest Hills such a wonderful place to live!

Warmest Regards,  
Kathleen Davis  
FHNA Membership Chair





# THANK YOU 2022 FOREST HILLS NEIGHBORHOOD ASSOCIATION MEMBERS!

We want to express a huge thank you to all of the wonderful and generous neighbors who showed their support of the neighborhood by paying their 2022 FHNA membership dues. We couldn't do this without you! The names below reflect payments made between January 1st and December 1st, 2022. If your name doesn't appear as you'd like it to, or has been incorrectly omitted, please let us know by emailing [fhnadallas@gmail.com](mailto:fhnadallas@gmail.com)

Lynn Adams  
Valerie & Garrett Adams  
Jean Akers  
David Allen  
Bradley & Cathy Almond  
Alicia Alvarez & Gregg Blaylock  
Barbara & Roy Anderson  
Crystal & Michael Androvett  
Aaron & Jennifer Armistead  
Richard & Kathleen Arthur  
Sarah Kate & Josh Aull  
Eliane Bailey  
Ron Balentine & Julie Dunn  
Joel Ballew  
Adrian Barbera & Charlotte Golden  
Ginny & Earnest Beasley  
Gloria Benavides  
Wim Bens & Brenda Busch  
Ken Bernstein & Barbara Clay  
Carrie & Joseph Bevers  
Jim & Phyllis Biltz  
Michael & Jennifer Biry  
Kevin R & Keri Black  
Paul J. and Carol A. Black  
Yoko & Ben Black  
Rebecca & Ken Boatman  
Evan Bogar  
Scott Bohner  
Cathy Bonner  
Paul & Becky Bordelon  
Bruce Borrett  
Brent & Nicole Bosworth  
Matt & Nicki Brace  
Jesse & Beverly Brin  
Anna & Craig Brinker  
Susan & Garry Brown  
Win & Karen Bruning  
Michael & Lucille Buckman  
David & Martine Buhmann  
Kelle & Cary Buresh  
Michael & Maria Byrne  
Christi & Scott Cameron  
Randy & Debra Campbell  
Janine & Michael Carley  
Gloria & Lorenzo Castillo  
Bonnie Chan & Phil Sammarco  
Denise & Ernie Chavez  
Anita & Greg Childress  
Cheryl Choy  
Marc and Seema Christensen  
Brent & Monica Christopher  
Melissa Cipresso & Jarett Sayas  
Paul & Patricia Colacacchi  
Scott & Deborah Coldwell  
Andie Comini  
Gerald Conley & Becky Oliver  
Seth & Katrina Cook  
Jennifer & Ryan Cooper  
Bettye & Herb Creamer  
Lynn & Eric Cromartie  
William & Lisa Daves  
Kathleen & Mike Davis

Tiffany & Brad Davis  
Alain & Melissa Dermarkar  
Elizabeth & Christoph Descarpentries  
Layne & Laura Deutscher  
Tammy DeWolf  
Tehsel Dhailwal & Gracia Roslow  
Jennifer Dickerson  
Rick & Lolis Dignan  
Dean & Anna Dominguez  
Jeanne Dooley & Thomas Ryan  
Kate & John Dorff  
Valerie & Todd Eckardt  
Darlene Ellison  
Skip & Susan Erlbacher  
Eduardo & Vicki Espinosa  
George & Joanna Esquivel  
Grace P. & James Evans  
Mattie Eversole  
Kate & Jason Fagelman  
Melinda & Robert Faulk  
Scott and Brooke Fedro  
Carlton & Elizabeth Ferguson  
Stephanie Filoteo  
Mindy & Bill Foerster  
Matthew & Lisa Fontane  
Richard & Beverly Garbell  
Nancy & Steve Gatens  
Nellie Gerard  
Christine & William Gietema  
Gwen & Dallas Gilbreath  
Debra & Greg Gilmore  
Douglas & Linda Gilpin  
Wes Gilpin & Susan Bailey  
Denise & Brent Glass  
James Glenn & Julie Fineman  
Kathy & D. Woodard Glenn  
Julie Glover & David Toops  
David Gonzales  
Patty Goya & Neal Farris  
Jonathan Griego & Sabrina Dragan  
James Gunter  
Peter & Glenna Hajek  
Kellie & Charles Hammonds  
Darren & Sharon Walsh Heffernan  
Don & Deb Hill  
Sharon & William Hill  
Amy & Hunter Hillin  
Jennifer Hirschfeld  
Justin Hissong & Whitney Lawson  
Darla & Charles Hodge  
Charles & Zeta Hollingsworth  
Robert & Michelle Hopson  
Stephanie & Adam Howells  
Aaron & Tiffany Hubbard  
Brad & Lara Huddleston  
Jane M. Hulsey  
Denny & Lori Hunt  
Marshall & Lee Ann Hunt  
Ben & Lindsay Hunter  
Jon & Corrine Iadonisi  
Liz & Kyle Irons  
Anne Marie & Milton Iskra

Debbie & Bruce Jenevein  
Amy Jones  
Kory Jones & Bo Kalabus  
James Jordan & Barbara Brault-Jordan  
Randolph Kalis  
Candy & Jack Kellam  
Wilma Keller  
Ron & Debra Klein  
Dennis Klembara & Karen Schnute  
Debbie & George Knight  
Matthew & Julie Koellner  
Medora & Craig Koenig  
Steven Ladnik & Mersine Defferios  
Carolyn & Juris Laivins  
Steve Lamberti  
Lee & Kelly Lamont  
Carolyn & Bob Lander  
David & Tina Ledbetter  
Lori & Brad Lee  
Albert Legge  
Loren & Monica Lehnan  
Anand & Sujata Lodha  
Stephen & Mary-Meg Lohr  
Richard Lusk  
Ryan & Claudia Magee  
George Majdalani & Casey Drake  
Donna & Richard Manyin  
Erin Marino & Brad Grist  
John & Caroline Marrs  
Allen Mason  
Jay & Carrie Matthiesen  
Keri & Shannon McCall  
Chris & Andrea McCauley  
Darryl MacNair & Katyanne O'Mara  
Robert & Elizabeth Mennel  
Marian & Robert Merryman  
Kathleen A. Messina & Gary Goodwin  
Abbie M. Meyering & John Sadler  
Brian & Jennifer Mier  
Camilla & John Mitchell  
Denise & Gustavo Molina  
Anita & Kevin Moran  
Al Morrison & Pat Fugate  
Scott & Debbie Muller  
Judy Myers  
Sue Myers  
Alessandra & Ronald Neal  
Dan & Ann Noble  
Kristen & Greg Norton  
Marc Novak  
Sarah & John O'Brien  
Keith & April Ogboenyiya  
Tessa & Robert Oglesby  
Jane & Gabriel Ojeda  
Rory Osborne & Sydney Abbott  
Tyler & Sarah Ozanne  
Mark & Cozy Palmer  
James & Debby Parkin  
John & Rana Pascoe  
Harold & Maureen Patin  
David & Carol Payne  
Melissa & Preston Pressley

Jill & Jason Pumpelly  
Robert Quaglia & Sharon Shero  
Carl & Marsha Ray  
Dennis Reed & Rita Hendricks  
Kate (Gutnikov) & Howie Reed  
Randy & Linda Reed  
Rick & Linda Reeves  
Ashley & Greg Reichel  
Kimberly & William Reister  
Sarah Rendon  
Tom & Wendy Rettinger  
Greg & Christen Richardson  
Kelly & Jennifer Riley  
Randal & Lisa Roberts  
Linda and Frank Roby  
Griselda Rocha & Muditha Karunatileka  
Brandon & Nicole Ross  
Mark & Elizabeth Rounds  
C J Rush  
Ketric & Christa Sanford  
Benjamin Sarpong  
Mary & Allen Schaar  
Trae Schaefer  
Maria Schleuning & Richard Giangliulo  
Anna Seo & Harry Kim  
John Shankles  
John & Stacey Shoemaker  
Cecily Shull  
Israel & Stacie Silvas  
Gina & Doug Sims  
Robert & Jaime Slovak  
Bruce A. & Mary Pat Smith  
Bruce A. & Mary Pat Smith  
Leo & Francesca Smith  
Tamelia & Chris Southan  
Chris Spafford & Annelise Pedersen  
John Spieker  
James & Maria Massimino Stanley  
Susan & Mark Stuart  
Antonio & Minerva Swad  
David & Donna Swanson  
Herbert Swirczynski  
George & Gloria Tarpley  
Shane Taylor & Heather Millett  
Bill & Jay Thomas  
David & Deborah Thomas  
Jay & Simone Thomas  
Courtney Van Zandt  
Mark & Claudia Vasquez  
Doug & Cindy Wabner  
Kathy & Grant Wall  
Chad Wallace  
Lynne & Jeff Walters  
Robert & Linda Westenberg  
Judy Whalen  
David Whitten  
James Wiggins  
Thomas & Kristen Williamson  
Eric & Sara Winwood  
Erin Wynne & Joshua Terry  
Mary Ann & Gary Youngblood  
Meredith & Ian Zapata

are you  
**IN?**



# FOREST HILLS SECURITY

WORKING TOGETHER TO KEEP OUR NEIGHBORHOOD SAFE



Sgt. Mike Mata, FHSP Coordinator

## Police Report

Another reason why our neighborhood needs a Security Program:

“Our Dallas Police Department is down 700 Officers and due to that man power reduction DPD evaluates the crime in all areas of Dallas to determine which high risk areas need an officer more.

The Forest Hills neighborhood **does not** have a **high crime rate**, due to its strong security patrol program. Thus your assigned neighborhood on duty beat officer is reassigned to areas in the NE division that have higher crime rates and heavy 911 call loads. Consequently, if an incident occurs in Forest Hills, the only DPD Officer available to respond is one of your **FHSP-ENP officers if they are on duty**. Just another reason why you need this program and to continue to support it. ”

## Goal IN 2023

Beyond providing daily police patrols in our neighborhood, the Security Program educates our adults and children through the **Safety IN** numbers program and at the yearly National Night Out. Also, this coming year we will implement an Alley Address Sign campaign to assist police, fire and emergency personnel in locating your home from a dark alley.

Our membership has stayed between 57-60% of the households for the past 3 years. Our crime rate continues to be low with a high amount of patrols. We cannot **SUSTAIN** those hours without increased membership.

**Goal for 2023 is 65% membership!** Let 's reach out and ask a neighbor to **Join IN ... with just 1 new member from every existing member, we can achieve this goal!** Be an ambassador for the FHSP!

## Get Ready for 1-23!

Our 1-23 sign-up day is an annual reminder to make your contribution to the security program. Contributing in January allows FHSP to properly plan for the year and ensure we are able to schedule our patrol team for the shifts we need throughout the year.



Although our auction was a huge success, only 25% of our annual budget is funded by that event. This means we still need you to Stay IN, Join IN and INvest IN our neighborhood security program by making your annual contribution.



## How to Join IN

It's easy to join. Pay by mail or go online to [www.foresthillssecurity.org](http://www.foresthillssecurity.org). Choose your participation level and click. You are **IN!**

### ANNUAL MEMBERSHIP LEVELS

- Ring of Honor ..... \$1,000
- Platinum ..... \$750
- Gold ..... \$500
- Silver ..... \$350
- Bronze ..... \$240

Check: Forest Hills Security Program (FHSP)  
PO Box 180693, Dallas, TX 75218  
Credit Card via PayPal: [www.foresthillssecurity.org](http://www.foresthillssecurity.org)  
Payment Inquiry: [FHSPtreasurer@gmail.com](mailto:FHSPtreasurer@gmail.com)  
Home Watch Request: [fhspen@aol.com](mailto:fhspen@aol.com)



# SAVE THE DATE



**Sunday, May 21 10 a.m. - 5 p.m.**

## **ANNUAL WHITE ROCK EAST GARDEN TOUR**

Forest Hills, Little Forest Hills and Casa Linda Estates partner each year to showcase nine beautiful gardens, three from each neighborhood. It's an important fundraiser for the FHNA, and a don't-miss event for gardening enthusiasts and anyone interested in outdoor living designs. In addition, local artists will display/sell their work and there will be a large plant sale open to the public.

### **What we want from you now:**

- Mark your calendars!
- Watch for the announcement of the kickoff party happening in late March where you can learn about all of the opportunities to serve and get signed up.

### **Contact us soon if you would:**

- Consider being, suggesting or soliciting a sponsor as a business or as a neighbor to pay for expenses.
- Consider helping to staff the event and receive a free ticket!
- Offer your art to be on display for sale or refer an artist you know.

That's all for now. Watch for more info coming monthly.

**Contact:** Kathy Glenn at [kathyglenn@hotmail.com](mailto:kathyglenn@hotmail.com)



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**SATURDAY NOV. 5TH**

10AM - 4PM

**SUNDAY NOV. 6TH**

12PM - 3PM

Greenland Hills UMC

5835 Penrose Ave

More Info Here!



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# FOREST HILLS

"Let's light up our neighborhood and keep it beautiful and safe."



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# Incoming Forest Hills Neighborhood Association Board Members



**Kurt Bielawski**  
**Beautification Chair**

Kurt lives with his partner Chad on San Fernando which they've newly renovated. Kurt owns MORE Design + Build and has built four homes in Forest Hills. He is originally from Michigan and used to be the couture VP for Neiman Marcus before

moving in to home-building. Kurt and Chad share two dogs and love travel and cooking.



**Aman Scott**  
**Communications Chair**

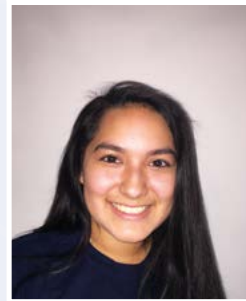
Aman Scott has called Forest Hills home for 11 years. She lives with her husband and two daughters who are 6 and 4. Originally from Vancouver, B.C., she's found her community in East Dallas. She is the property manager for their

short and long-term rentals. Additionally, she is very active in her daughters' school, Solar Preparatory for Girls' PTO board.



**Alicia Alvares**  
**Vice President**

Alicia has lived in Forest Hill since 2005. She loves walking around our neighborhood and enjoying all that it has to offer. Say hi to her if you see her on your daily walk.



**Marissa Benavides**  
**Newsletter Chair**

Marissa recently graduated from NYU and majored in Business in Political Economy. She has lived in Forest Hills her entire life and enjoys the community it provides and the proximity to the lake.



**Lori Hunt**  
**Secretary**

Lori has lived with her husband in Forest Hills for 12 years. She is a retired School Administrator and has 2 kids and 5 grandchildren. Her husband, Denny, is a car lover. They love this neighborhood and all the wonderful people. Go Aggies!



**David Benavides**  
**At Large Member**

David is a lawyer and real estate entrepreneur and has lived in Forest Hills for the past few decades. He enjoys living in the neighborhood as it has a great environment to walk his dogs and raise his four children.



**Erin Marino**  
**Treasurer**

Erin Marino has lived in Dallas since 2008, moving from Baton Rouge, Louisiana, and in Forest Hills since 2010. She currently works as a commercial real estate attorney in the Dallas office of Stinson LLP. When not working, Erin enjoys running

and spending time with her husband, Brad Grist, and their daughter, Marlow.

**This could be you! - Fundraiser Chair**



# Thank You to Our Outgoing Board Members!



As we welcome our newest board members, we wanted to extend a thank you to those who served over this last year. Thank you to Tony Hobley, Vice President, Deb Hill, Secretary, Monica Lehnen, Beatification Chair, Melissa Dermarkar, Communications Chair, Nicole Ross and Kellie Hammonds, Fundraising Chairs. A special thank you to Bruce Borrett who served multiple terms as Treasurer and who agreed to stay in the role when no one else volunteered. Being on the FHNA Board is a big time commitment, so we appreciate the time and efforts of our outgoing board members.

## Thank you Andie Comini!

We wanted to give Ms. Forest Hills herself, Andie Comini, a very special thank you. She has served our neighborhood for many years and in many roles. Although, she cut back a bit on her "official" board commitments this year, she still remains involved in some special things around Forest Hills including food drives for Sanger and working with the city for clean-ups that are needed in our neighborhood. Andie, we are so glad you are still part of our neighborhood. Forest Hills wouldn't be the same without you!

## East Dallas Veterinary Clinic

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Monday & Thursday: 7:30 am - 8:00 pm  
Tuesday, Wednesday, & Friday: 7:30 am - 6:00 pm  
Saturday: 8:00 am - 2:00 pm

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Shannon Holland, DVM  
Kevin Gibbs, DVM  
Teresa Martin, DVM

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214-328-9935 [www.eastdallasvetclinic.com](http://www.eastdallasvetclinic.com)

## FHNA COMMITTEES

### **Beautification – Kurt Bielawski**

**Fhbeautifcation@gmail.com**

The beautification committee oversees the maintenance of medians and common areas, including volunteer clean-ups and paid work. In 2022, the Breezewood sign area was cleaned up, some of the median trees were trimmed by the city, and the sprinklers turned on. Future 2023 efforts include obtaining a proposal for the remainder of the median and common area trees that need to be trimmed, adopt a median programs, common area sponsorship programs, and bench repair and/or replacement. If you would like to volunteer to help the Beautification Committee, please email fhbeautifcation@gmail.com.

### **Block Captains – Chairs Christian Richardson and Jaimee Slovak**

**Fhnamember02@gmail.com, fhnamember@gmail.com**

The Block Captains are responsible for delivering our bi-monthly Forest Hills News as well as occasional flyers to your home. One person typically covers about 15 homes. Currently, there is a need for block captains for the following blocks: 8200 Santa Clara, 8100 Garland, and 1507-1623 San Rafael. If you are interested in becoming a block captain, please email fhnamember@gmail.com

### **Fundraising – OPEN POSITION**

The fundraising committee is responsible for raising additional funds that are needed above and beyond those collected through annual membership fees. These funds are typical used for a specific purpose such as tree trimming, support for Sanger, or the Centennial Celebration. Currently the chair for this position is open. If you are interested in leading this committee, please email Katy O'Mara at fhna21.gen@gmail.com

### **Membership/Newcomers – Kathleen Davis**

**fhnadallas@gmail.com; newtoforesthills@gmail.com**

The Membership and Newcomers committee is responsible for managing neighborhood memberships and the online directory tool, Membership Toolkit, as well as welcoming new neighbors to the neighborhood. Additionally, we have an annual Newcomers Party for all new neighbors. We had 248 paid memberships in 2022. Thank you to all who contributed. Additionally, we had 20 new households in 2022.

### **Newsletter – Marissa Benavides**

**marissagb@icloud.com**

The newsletter committee is responsible for the production of our bi-monthly Forest Hills News newsletter. The newsletter is used to inform neighbors of activities and important neighborhood information. We include articles we believe are relevant and interesting to our neighbors. (This is different than the Stroll publication that is being mailed to residents). If you have contributions to make in the newsletter, please email us: marissagb@icloud.com.

### **Planning & Zoning – Jason Pumpelly**

**fhnapanadz@gmail.com**

The Planning and Zoning committee keeps residents apprised and informed of issues that affect our neighborhood. Over the past year, we've had one high profile zoning case and several ongoing public and provide construction projects: The City Council approved the zoning variances requested by Mill Creek, the developer for the former Lot/Local Traveler site. Site work has begun this month and we should start to see meaningful progress on the mixed-use multifamily and retail development by summer 2023. Construction on the 3G intersection is underway and inevitably frustrations are running high. The process takes time to re-route utilities, widen bridge underpasses and construct new bridges and roadways. The quiet zone infrastructure has been completed at the rail crossings at Highland Rd. St. Francis and Lakeland Dr. We are waiting on the State and Federal government sign off before the quiet zones are in effect.

The Santa Fe/White Rock Trail expansion is underway along the railroad tracks with the most noticeable construction being on the Highland Road side. The single-family development on the former mobile home park site at Barbaree and Highland Rd is underway. The developer has some unique designs and layouts that preserve the tree canopy while providing modern living in a pedestrian friendly environment. Watch for more progress on that in 2023. And last but not least, the Big Dig Wastewater Main replacement that happens to travel 30 feet below the streets of St. Francis, San Fernando Way and San Rafael is underway. This is a much needed utility improvement but a hassle for the neighbors affected by it. Hopefully they will be finished by 2024 and you'll forget they were even there, except then you will no longer smell the sewer discharge leak at Garland and San Rafael.

# son Reports. Get Involved!

## **Social Events – Kade Poulson**

**[Fhnasocial@gmail.com](mailto:Fhnasocial@gmail.com)**

The social committee is responsible for planning the social events in the neighborhood. Some ongoing events include the Holiday Tree Lighting, the Spring Picnic, and the Turkey Trot. In 2022, based on feedback from the neighborhood survey, we added an adult-focused Neighborhood Networking event at the Fraternal Order of Eagles. If you would like to volunteer your time to help plan and coordinate neighborhood events or have ideas for future events, please email [fhnasocial@gmail.com](mailto:fhnasocial@gmail.com).

## **LIAISONS**

### **Alex Sanger School – Katy O'Mara**

**[fhna21.gen@gmail.com](mailto:fhna21.gen@gmail.com)**

The Sanger liaison works with the Alex Sanger Preparatory Parent Volunteer Coordinator to communicate to the Forest Hills residents the accomplishments, goals and needs of the Alex Sanger Preparatory school and family community. The goal is to support our neighborhood school in continuing to build a strong academic institution for our residents and students. For more information on how you can help support Sanger, please email [fhna21.gen@gmail.com](mailto:fhna21.gen@gmail.com).

### **Animal Alert! – Christy Cameron**

**[Cctx2ny@aol.com](mailto:Cctx2ny@aol.com)**

Animal Alert focuses on responding to calls about lost pets as sharing helpful tips with neighbors about how to best care for our pets. If you find a lost pet, or lose a pet yourself, please email/call so we can help reunite pets with their owners.

### **Ferguson Road Initiative – Daniel Ortman**

**[Daniel.ortman@fergusonroad.org](mailto:Daniel.ortman@fergusonroad.org)**

Ferguson Road Initiative is focused on engaging and empowering a community of advocates to advance and safe, beautiful, prosperous, and proud community in Far East Dallas. For more information or to get involved, please email Dan Ortman at [Daniel.ortman@fergusonroad.org](mailto:Daniel.ortman@fergusonroad.org)

### **Forest Hills Security Program – Carol Lander**

**[caroltdlander@gmail.com](mailto:caroltdlander@gmail.com)**

A separate organization, the FHSP is a 501c3 program that enlists off duty uniformed Dallas police in DPD vehicles to patrol the neighborhood. Additionally, they track crime statistics in order to effectively schedule weekly patrol

hours. The presence of Enhanced Neighborhood Patrol deters crime in the area as well as providing Home Watch services to paid participants while away from the home. The organization also educates residents about security and safety and regularly communicates to residents via the newsletter, signage, website, and eblasts. Please consider participating in the upcoming 1-23 Membership Drive to support this vital service to our neighborhood.

### **For the Love of the Lake – Jeff Peterson**

**[jeffreypeterson@sbcglobal.net](mailto:jeffreypeterson@sbcglobal.net)**

FTLOL is a non-profit organization whose volunteers support programs to preserve and enhance White Rock Lake Park. Forest Hills has an adopted section of the lake and is responsible for regular cleanup activities. Please email [jeffreypeterson@sbcglobal.net](mailto:jeffreypeterson@sbcglobal.net) if you are interested in volunteering.

### **Friends of Warren Ferris Cemetery – Julie Fineman**

**[julie@julieannfinemann.com](mailto:julie@julieannfinemann.com)**

In the mid 19th century, Warren Ferris, the first surveyor of Dallas County, established one of the city's most significant historical cemeteries at the corner of St. Francis and San Leandro in Forest Hills. The cemetery contains the remains of Ferris family members, members of other prominent pioneer families and freedman alike. Today, the remnant  $\frac{3}{4}$  acre is maintained by the 501c3 non-profit The Friends of the Warren Ferris Cemetery.

The mission of the FWFC was to restore the site to a native, grassland prairie ecology hosting native plant species, enabling environmental sustainability and providing shelter and sustenance for birds, wildlife and butterflies, as a way to honor those buried there. The FWFC is guided by a Board of Directors, but is powered by volunteer labor from neighbors and enthusiasts alike. The organization meets on the first Saturday of the Month to help clean and maintain the site. For more information on the cemetery or to volunteer, please email [Julie@julieannfinemann.com](mailto:Julie@julieannfinemann.com).

### **Waste Warriors – Elizabeth Descarpentries**

**[elizabethlylekinkead@msn.com](mailto:elizabethlylekinkead@msn.com)**

Waste Warriors is a Forest Hills service group whose mission is to reduce waste and inspire others to be good stewards of the Earth. Join us every fourth Saturday at 10am for SAC Day (Street and Alley Clean up).

# WHAT A NIGHT!

Thank You  
so much!



Working Together  
to Keep our  
Neighborhood Safe!



## Our #fhhbrewing2022 event was a tremendous success!

As a result of our generous neighbors, sponsors, and donors, we raised \$30K more than last year and achieved our 2022 goal! For the first time ever, we SOLD OUT with 200 tickets purchased. It was a fun party with 170 people attending despite the weather. The Filter Building was a great venue so close to our neighborhood!

### Thank You!

**Business Sponsors:** Lamont Realty Group, White Rock Self Storage, Monster Tree Services, Pecan Tree Pediatrics, First United Mortgage Group, Mayer Magic, Mosquito Shield, Second Chance Treasures, Societea, RJA construction, Reichel Group, Lakewood Brewing Company, Stroll

**Neighbor Sponsors:** Anonymous, Janelle and Michael Bell, Keri and Kevin Black, Forest Hills Chapter Chatters, Andie Comini, Lisa and William Daves, Linda and Doug Gilpin, Lee Ann and Marshall Hunt, Lori and Denny Hunt, Andrea and Paul Johnston, Mary and Allen Schaar, Linda and Randy Reed, Nicole and Brandon Ross, Sarah and John Zavala

**Event Team:** Led by Laura Ann Deutscher and including Annelise Pederson, Susan Bailey, Becky Bordelon, Carol Lander and 35 other neighbor volunteers worked for months.

**Auctioneer:** Greg Richardson was outstanding!

**Auction Item Donors:** Silent Auction item donors and the amazing Live Auction items from neighbors: Mayor Johnson, George Magdalani, Karen Raskoff and Jay Fossa, Wim Bens and Brenda Busch, Lori and Denny Hunt, and Kim Mayer.

**FHSP Patrol Coordinator:** Huge thanks to Sgt. Mike Mata.

Without ALL of you we could never have made this so fun and successful.

### By meeting our fundraising goal, we are now able to:

- Increase our Holiday Patrol hours from 65 to 75 hours per week for the six weeks from Thanksgiving to New Years.
- Start 2023 with Patrol hours increased to 70 hours per week for the year.
- With our annual 1-23 Membership Drive we hope to increase participation to 65% of the neighborhood. Remember our ask: Let us each find One neighbor to join in the program!
- Continue with our Safety in Numbers Educational program for adults and children.
- Have an increased focus on National Night Out
- Implement an Alley Address Sign Campaign





# Forest Hills Holiday Tree Lighting

The Forest Hills Neighborhood Association held its annual Neighborhood Tree Lighting on Sunday, December 4th. The event absolutely flew by, but it was so much fun to meet some new neighbors and chat with some familiar faces. The kids' area was a great success with many letters written to Santa! We can confirm that those have already been delivered to Jolly Ole Saint Nick himself. Thank you to Santa's Helpers who assisted the little ones with writing the letters.

We would like to thank everyone one who made the event so special this year! Thank you to all of our volunteers for putting it together and to our vendors for providing their services. We had hot chocolate and coffee provided by El Porton located in Casa Linda Plaza, the Dallas Grilled Cheese Co. food truck, and Choo Choo Express of Dallas who provided the trackless train for the

both kids and adults to enjoy. Greg Reichel provided our sound setup and Dr. Jennifer Rodney extended her vocal talent for some Holiday songs. Robert Kent sold his fine chocolates and Mike Carley sold jams and syrups from his Prickly Pear Pantry. Regis Hayes from Purpose Driven Visuals was our local photographer taking pictures during the event. Please go to [qrco.de/treelighting](http://qrco.de/treelighting) to view and download photos from the event. Mr. and Mrs. Claus even made an appearance for our special Tree Lighting!

And most of all, thank you to all of our neighbors for coming out and having fun with one another. If you have any thoughts or feedback or would like to volunteer at future social events, please contact [fhnasocial@gmail.com](mailto:fhnasocial@gmail.com). We are always looking to improve our events as much as possible!





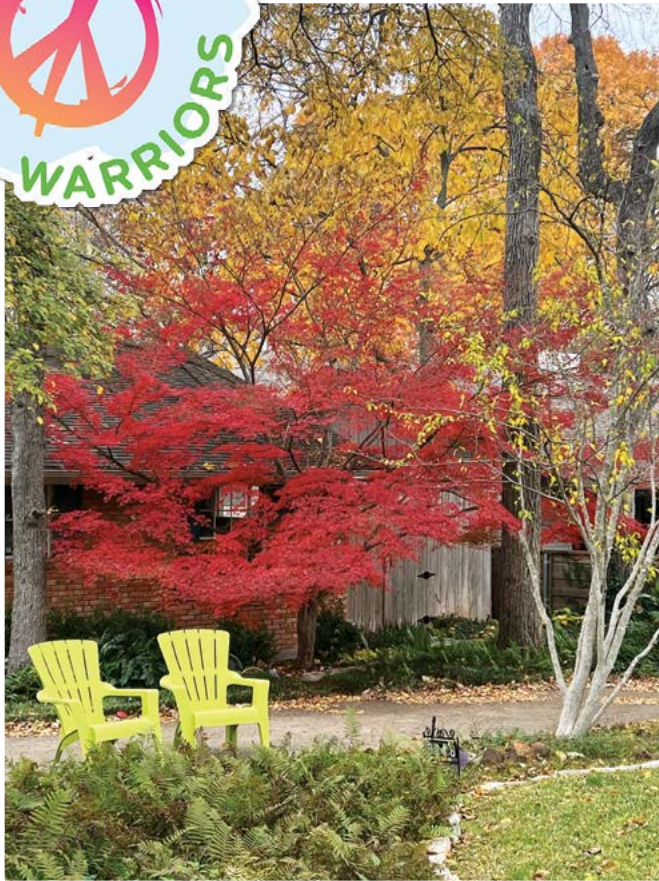
# Newcomer's Party Recap



**On Sunday, November 13th, The FHNA Newcomers Committee held a gathering for those moving into to the neighborhood in 2022.** Around 25 people were in attendance including both newcomers and board members.

Representatives from our community liaison groups also were present to answer questions and encourage involvement in the neighborhood. The party gives new neighbors a chance to meet each other as well as learn more about the neighborhood and all we have to offer! Thank you to our own FHNA President, Katy O'Mara and her husband Darryl MacNair who hosted the event in their home.

If you have recently arrived to the neighborhood or know of a new neighbor, please email us at [newtoforesthills@gmail.com](mailto:newtoforesthills@gmail.com) so we may extend a big welcome to our new neighbors.



## Musings on the benefits of our wonderful trees here in Forest Hills

**By Lynda Caughey**

Trees are nature's most precious creations. They were on earth a few million years before the arrival of human-kind and are a crucial part of the ecology and its functioning. The trees we plant are a living infrastructure and will benefit the community for generations.

Here are a few of the amazing contributions of trees:

- They act as sound walls, water and air filters, and shade structures .
- Here in Texas, trees ensure that our property is not a heat island while saving energy.
- Trees are a critical source of oxygen. Trees absorb polluting gasses from the air and purify it. They remove the kind of air pollution most dangerous to our lungs: particulate matter.
- Trees are the major source of nutrition for birds and animals.
- Trees prevent soil erosion and improve soil catchment.
- Trees enhance fertility of soil and improve soil microorganisms.
- The trees of Forest Hills make it a very desirable place to live.
- Our trees have just put on a spectacular show for us this fall.

Given all that trees do for the Earth, it's important we preserve and maintain them. A certified arborist can help evaluate your trees and make recommendations to support their health. Let's do our part to keep this integral part of our ecosystem alive.



# 100



*Years young*

by Judy Whalen

**M**eet **Ruth Parker**, “Ms. P” as her neighbors call her, our very own Forest Hills Centenarian!

Ruth was born on February 9, 1923 and grew up on her Wilson family farm near Brownwood, TX. After graduation from her hometown college, Howard Payne University, she began her teaching career (grades 1-8). She met the love of her life, Vernon Parker while teaching in Odessa. It was there they married and started a family. They eventually moved to Paris and then Sulfur Springs for her husband’s new business venture. When it failed, Ruth pushed on with optimism saying, “I would love to live in Dallas and it’s big enough that we will certainly find jobs.” Sure enough they did.

The Parkers moved to the Casa View area first and later in 1972, Vernon saw a house for sale in Forest Hills. He loved this beautiful neighborhood with all its trees and bought that 3,600 sq ft house, which was one of first houses built here in the 20’s for \$35,000! At the time this was a \$50,000 neighborhood, but the place needed a lot of work as the previous family had 8 kids and several dogs. Interesting that the house and Ruth were both built in 1923!

The importance of education, church attendance, and belief in God stressed by her mother greatly influenced Ruth’s educational choices and religious values all of her life.

Ruth loved teaching. She still feels it is a profession as honorable as being a doctor. While teaching here in Dallas, she saw

a brochure about a SMU scholarship offered by Ross Perot. Tuition, books, and even gas were paid for! She hesitated only a second, applied and got it! She worked hard studying while Vernon lent a helping hand around the house and with the children. Ruth graduated with a master’s degree in education with a specialty in reading in 1977, 30 years after her bachelor’s degree in 1947! She taught school for over 42 years, ending her career at George W. Truett Elementary at Gross and Peavey.

Ms. P has always had a yearning to travel. After they moved to Dallas, she planned as long as 6-week trips each summer. Vernon, having grown weary of traveling while in the Air Force, opted to stay home with the kids. She visited 30 countries with her favorites being Switzerland and Australia. Her last trip not long ago was to Africa with her daughter, Carole. One regret is she wishes she could have traveled to the Holy Land. Ruth proudly displays a large framed world map with color push pins marking her explorations.

Retirement did not slow down Ruth. If anything she went into high gear. She continued traveling in the summer. She had always been an avid reader. (Her still all-time favorite book is *Gone with the Wind*.) Charlie, her son in Austin, used to say that “Mom is out clubbing again.” She joined a book club, garden club, bridge club, bible study club and of course continued attending Shiloh Terrace Baptist Church faithfully on Sundays. When she wasn’t doing all that, she



would be in the yard for hours daily gardening, planting, pruning and weeding.

There have been so many changes, discoveries, inventions and historical events in these last 100 years. Ruth feels the greatest advance in her century has been in computer technology. She is astounded by our ability to find answers and learn through an instant search on the web. She isn't able to use the computer, but constantly when family and friends are near and a question arises, she asks them to Google it!

She loves her Forest Hills neighbors and connecting with them at the yearly block parties. She is blessed with good neighbors all around her. Her definition of a good neighbor is one, who looks out for their fellow neighbors and has their best interest at heart. She uses Pat Cage as the perfect example. "She seems to always show up miraculously just knowing when there is a need." The two of them these days spend time talking daily about current events, politics, health and family. They laugh a lot. Ruth refers to her often as "Precious Pat."

Vikki Espinosa and her two boys are who she thinks are other examples of good neighbors. Several years ago, the boys started helping Ruth take the trash out, water plants and do other chores. Their "Mrs. Ruth" wanted to pay them, but Vikki advised against it as she wanted her children to know that giving does not have a cash reward and to feel the true rewards of helping others. Ruth can't resist

giving them a little tip though!

When asked what she attributes her longevity to she answers, "No cigarettes, no drugs, no alcohol, and eating right, but I must admit I prefer sugar over vegetables!"

Things others say about her:

- Proud mother of two, grandmother of five and great grandmother of two
- To talk to her, you would not know she is 100
- Strong of faith
- Strong willed
- High moral values
- Interested and interesting
- Hard-working
- Determined
- Eveready battery
- Open minded
- Curious
- Very active
- Accepting of differences in today's modern world
- Can-do attitude
- Eager to accept and meet challenges
- Truly a role model
- When I grow up, I want to be like Ruth Parker!

"A good neighbor is a fellow who smiles at you over the back fence, but doesn't climb over it." - Arthur Baer



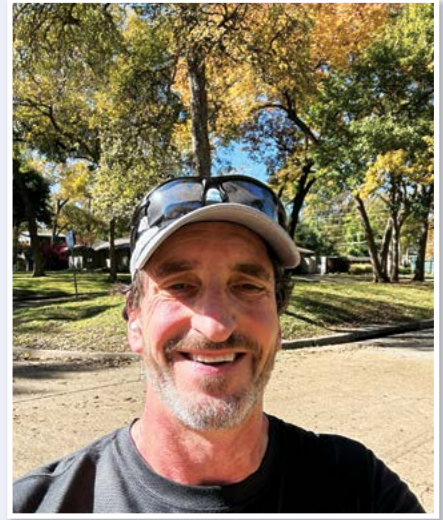
# BUILDING AND REMODELING

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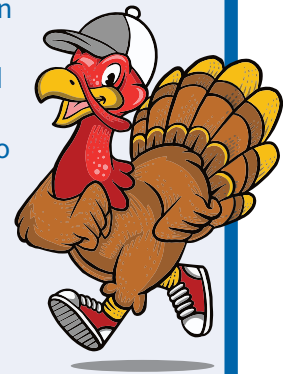
**O'BrienGroupInc.com**  
**214-341-1448**



# FHNA Turkey Trot 2022 Recap



And just like that another year has gone by and so has another Turkey Trot! There were several families who sent us pictures of themselves participating in the 5K, the walk, or even both! Thank you to all who participated in this event. It's simple and fun to do with family and friends, so we hope to continue the traditional Turkey Trot for years to come!



# FRIENDS OF THE WARREN



## Tree of Life Program Expands to Forest Hills Neighbors

In November, high school senior Katrena Kolner led the Friends of the Warren Ferris Cemetery Tree of Life Program to transplant 20 native saplings from the Ferris Cemetery at local schools. Seven schools participated, sending 12 students who potted the saplings, replanted them on their school grounds and will care for them as they become accustomed to their new home.

In honor of Susanne Starling, our respected resident historian and avid supporter of the cemetery restoration program who recently passed, the FWFC would like to extend this program to all members of the FWFC community by making other native saplings available for transplanting.

Species available include Texas Redbud, Cedar Elm, Red Oak, American Beautyberry, Hackberry, Chittam-

wood and Eastern Red Cedar.

Saplings range in size from 1' – 6', depending on the size of the chosen sapling. Allow approximately 30 minutes to dig out the root-ball/tree and place it in a pot for transportation to your site. You are welcome to bring your gardener, though the act itself is a rejuvenating connection to the native environment that will transfer to your own yard.

The FWFC can provide containers for transplanting, has tools available and will provide guidance on successful transplanting. To schedule a pick-up time, contact Julie Fineman at [julie@julieannfineman.com](mailto:julie@julieannfineman.com). She will arrange for someone from the FWFC to meet you in the cemetery garden at the corner of St. Francis and San Leandro.



# WARREN FERRIS CEMETERY

## Forest Hills Resident Julie Fineman wins Green Source DFW's Coke Buchanan Volunteer of the Year Award



There are many dynamic organizations in the region that share a common bond to promote environmentally sustainable activities. Prominent of these is *Green Source DFW*, an award-winning digital publication covering environmental news in North Texas.

For their 2022 Awards Program, GSDFW selected Julie Fineman, Forest Hills resident and founder/Board Member of the Friends of the Warren Ferris Cemetery non-profit, as their Coke Buchanan Volunteer of the Year. In the Conservation Activist category, nominees for this award exhibited exemplary action in Leadership, Environmental Impact and Community Impact. Julie's contribution to conceptualizing and developing the FWFC natural habitat program honoring the pioneers buried in the historic cemetery, touches on all of these categories as the interwoven

benefits of the cemetery program have developed and become reality.

Named after noted regional activist Coke Buchanan, the Award embodies the volunteer-led culture that has made the FWFC successful in transforming a neglected cemetery site into a wildlife habitat and neighborhood amenity.

Launched in 2011, the GSDFW educational website was created by the Memnosyne Institute, a Dallas-based nonprofit, to educate the community on environmental topics including green living, sustainability, conservation, environmental advocacy and public policy discussions. Green Source DFW continues to advance the North Texas green movement through original reporting, feature articles, green business and nonprofit listings, a green jobs board and a green event calendar and since 2019, an Apple podcast called the Texas Green Report, aimed at a state-wide audience.

With over 250,000 unique visitors annually and 6,000 subscribers to its weekly newsletter, the GSDFW site provides connectivity for the region's environmental movement. In honoring Julie's personal contribution, and by extension the benefits of the FWFC program, GSDFW has shown recognition and validation for the impact that local initiatives can have on the environmental and communal health of their host communities.

The GSDFW awards ceremony was held on Dec. 4th at the Ft. Worth Botanic Garden.



GSDFW  
Winners

### Ferris Cemetery Volunteer Days: Jan. 7th & Feb. 4th

Volunteer Days for maintenance of the Ferris Cemetery garden are typically the first Saturday of the month from 9:00 a.m. - noon at the corner of St. Francis and San Leandro. Over the winter, we will continue to remove invasives, trim back ivy and care for newly planted sedges, grasses and forbs in preparation for the spring rebirth.

Tools are provided, along with hot coffee and sweets.

## SUPPORT LOCAL!

# Dr. Jennifer Rodney



**Dr. Jennifer Rodney moved to Forest Hills a year and a half ago** and is a laryngologist (Ear, Nose, and Throat subspecialist physician) at The Baylor, Scott and White Voice Center in Downtown Dallas. She has sung professionally throughout her life, which inspired her to pursue a medical career in laryngology.

Dr. Rodney's practice welcomes patients with voice and breathing problems. Her areas of expertise include medical and surgical care of disorders that affect the voice, professional voice, benign and malignant laryngeal lesions, and vocal cord paralysis. Dr. Rodney also has expertise in neurolaryngological disorders, such as spasmodic dysphonia, and laryngotracheal stenosis. She works collaboratively with laryngology-specialized speech-language pathologists in The BSW Voice Center to provide multidisciplinary care to patients. She also

enjoys training young physicians and has published many articles in the field of otolaryngology-head and neck surgery.

Dr. Rodney grew up in Saint Petersburg, Florida. She, her husband Kade, and son Troy recently moved to Dallas to be closer to family as well as to expand her career in laryngology. In her spare time, Dr. Rodney enjoys singing, attending live performances, walking with her family at The Dallas Arboretum, and taking Troy to one of the many parks around Forest Hills. Jennifer and Kade are also expecting a baby girl in January.

If you are looking for a physician who can address your voice or breathing issues, please call Dr. Rodney's office at The Baylor, Scott and White Voice Center at 469-800-7730.



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# Sanger Stallion Corner

Well if September and October were busy months for Alex Sanger Prep kids and parents, then November and December take the cake finishing out 2022. During November spirit week, field trips, testing, music performances, and Robotics team competitions dominated. Much to the delight of the children, parents were allowed back on campus for the first time since COVID for Parent Lunch Days.

In December, parents learned more about Sanger's application to transform the middle school into an IB MYP school with Dallas ISD. This curriculum transformation will take place over the next couple of years. On November 11th, the PTA sponsored Movie Night on the Hill showing Encanto was a success. The 5th grade held a bake sale during the movie to raise money for their field trip to Camp Grady Spruce in the Spring.

On Dec 5th, a Holiday party was held for the teachers and Dec 8th was the Sanger Lotería facilitated by the Dual Language Parent Action Committee. This fun night brought together the parents of both native Spanish and English



speaking students for a fun night of food, drinks and Lotería of course!

Finally, the season and 2022 were closed out with testing at all grade levels followed by holiday parties and art presentations to the parents.

If you're interested in joining the PTA, donating or sponsoring your neighborhood school at any level please contact Emily Button at [emilybutton@gmail.com](mailto:emilybutton@gmail.com) or scan the QR code at right.

If you're interested in helping fulfill a teacher's wish list, keeping



our Pantry and Hygiene lockers stocked, or donating to the clothes closet, contact Carolina Cerrillo: [cacerillo@dallasisd.org](mailto:cacerillo@dallasisd.org).



Scan me!

# Speaker-Artist Series



Featuring Dr. Anna Cabeca, *The Girlfriend Doctor*  
January 19, 7:00 PM – *RSVP here using the QR code*

**Location:** The Reichel Residence at 1340 Highland Rd  
We're kicking the New Year off with a book signing and discussion with Dr. Anna Cabeca.

Dr. Anna Cabeca, DO, OBGYN, FACOG, has served 10,000+ women in her private practice and millions more through her books, online videos, and articles for 20+ years. She will walk us through and conduct an open discussion of her latest book, *MenuPause*.  
[drannacabeca.com/products/menopause](http://drannacabeca.com/products/menopause)

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**We'd like to add more experiences for you!**

Know someone willing to share their expertise, experience, or talents with us? Willing to be a host of an experience? Please reach out to Katy O'Mara [fhna21.gen@gmail.com](mailto:fhna21.gen@gmail.com) All events are free unless otherwise stated.



## No Newcomers To Report

Apologies if we have overlooked anyone. Newcomers can be missed when move-in is delayed for remodeling or when a home is purchased directly from builder or previous owner. Let us know of any oversights.

If you have just arrived or if you have a new neighbor, please contact us with names/addresses, so we can extend a big welcome. [newtoforesthills@gmail.com](mailto:newtoforesthills@gmail.com)



## A Huge THANK YOU from Sanger for the donations made at our Neighborhood Tree Lighting!

Now in time for Valentine's Day, we will be collecting donations for SHOW YOUR HEART for Alex Sanger Preparatory!

### List of Needed Hygiene Items:

- Toothbrushes/Toothpastes/Floss
- Deodorant - Both Genders
- Soap- Both Genders
- Facial Cleaner
- Face Wipes
- Combs/Brushes
- Tampons/Maxi Pads - All Sizes
- Underwear/Socks - Pre-K to 6

Donations may be dropped off from Sunday, February 5th through Sunday, February 12 at the following front porch locations:

Andie Comini - 1737 Whittier Ave  
Kathleen Davis - 8138 Forest Hills Blvd.  
Katy O'Mara - 8456 San Fernando Way  
Sara Winwood 8379 San Benito Way

# ANIMAL ALERT!

As we head into the new year filled with hope, followed by February, the month of love, I have a love story which will leave you full of hope!

Four years ago, I worked for a local shelter when a severe cruelty case came in. The embedded collar Bella wore almost touched her spine and had to be surgically removed. She was starving and it was not known if she would make it. She made it through the surgery and the rehab begun.

Bella endured an uphill battle from the beginning. Several of the staff considered her a huge liability and a danger to society due to the abuse she encountered and some of her reactivity behavior. I thought differently! I have been taught, if you change your mind about the animal, the animal changes. I worked endless hours with Bella to help her succeed in the outside world. She went to "committee" several times for euthanasia, each time several of us would write board members and large donors and each time we succeeded in keeping Bella alive.

I left the shelter two years ago and was not allowed to see Bella after I left. I was heartbroken and tried several different avenues to get her out. Each time I was met with resistance and even got people fired who tried to help.



Nevertheless, I never gave up hope.

A few months ago Bella finally received clearance for adoption to the "right" home and environment. No one fit the bill. So, once again, in October, she was going to committee for euthanasia for length of stay and quality of life. I got a text three days before she was to be considered for euthanasia saying we were her only hope. That was the day we finally brought her home and now our family is truly complete.

Bella reminds me daily to never give up and always have hope!

- Christi Cameron



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# Yard of the Month

By Wendy Rettinger

**November 2022**  
**1406 San Rafael Dr**  
**Jeff and Candy Peterson**

## “A Warm Welcome”

This yard is warm and welcoming! It has beautifully landscaped beds starting closest to the street with a dazzling assortment of colorful mums, pansies and seasonal cabbages. As you continue up the walkway towards the house, it's as though you are at the Dallas Arboretum; bed after bed of colorful flowers in every direction leave you spellbound. There are decorative stones, gourds and pumpkins in addition to more colorful perennials and annuals to admire. Hopefully when you are out walking, you get to take a good look at this yard!



**December 2022**  
**8185 San Benito Way**  
**Dawn Estes & David Timmins**

## “Holiday Cheer”

This gorgeous Oklahoma Fieldstone Arts & Craft Tudor home is trimmed with white holiday lights which make it even more stunning. The front yard has a beautiful variety of mature trees including Japanese Maples and Flowering Dogwoods. Also adorning the front landscape are Canada Yews, Oakleaf Hydrangeas, Heavenly Bamboo, Common Myrtle bushes, Southern Shield Ferns and Lily Turf. Seasonal cabbages, pansies and Rosemary bushes in the shape of Christmas trees are in pots on the front step to welcome holiday visitors. There are two sets of Adirondack chairs and a whimsical swing, for the young and old to enjoy. White lights also line the driveway and walkways, making this festively decorated yard a must see and it is a guarantee to get you in the holiday spirit!



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