

March - April

Forest Hills

www.foresthillsdallas.org

News



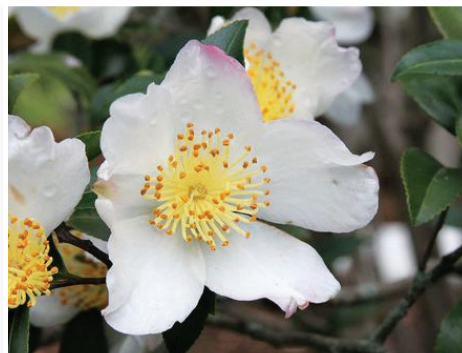
Calendar of Events

- Saturday, March 4, 4:00-5:30 p.m.**
Speaker Series, *Blooms Year Round*5
- Sunday, March 26, 4:00-5:30 p.m.**
Speaker Series, *From Ferris to Forest Hills*5
- Thursday, March 30, 6:30-8:00 p.m.**
East White Rock Garden Tour Kick-Off5
- Sunday, April 2, noon-2 p.m.**
Spring Fling.....6
- Sunday, April 23, 3:00-6:00 p.m.**
Friends of Warren Ferris Fundraiser
- Tuesday, April 25, 6:30 p.m.**
Semi-Annual Neighborhood Meeting.....9
- Sunday, May 21, 10:00 a.m. - 5:00 p.m.**
White Rock East Garden Tour

- 1st Saturdays Mar. 4 and Apr. 1**
9 a.m. - Noon
Warren Ferris Cemetery Volunteer Days.
- 4th Saturdays Mar. 25 and April 22**
10 a.m. Street and Alley Cleanup (SAC)

Bulky Trash

- March** - Trash can go out
Thursday, March 9 - Sunday, March 12
Pick-up starts Monday, March 13
- April** - Trash can go out
Thursday, April 6th - Sunday, April 9th
Pick-up starts Monday, April 10th



NOTICE

**Newsletter articles
& ads are due
Saturday, April 1st
for the May/June 2023
Issue**

President's Letter



Spring is upon us, and winter is behind us, and what a strange one it was this past year! Extreme cold, then it seemed like Spring might come very early, only for Mother Nature to ice those thoughts out and then comeback around to melt them away. So if you liked that roller coaster then you're ready for our Spring schedule. We have 3 different speakers (see p. 5), a Celebration and Fundraising Party for Friends of Warren Ferris Cemetery; our Spring Fling on April 2nd and our Spring Semi-Annual Meeting April 25th. In between all this you may notice workers in our medians cleaning up our trees! Yes phase 1 care is finally happening for our trees, thanks to Monster Tree Service! Last but not least, keep an eye out for notices about for Forest Hills Centennial activities in the neighborhood and for the list of upcoming Board positions up for election this coming October.

- Katy O'Mara

FHNA Officers - Committee Chairs & Liaisons

FHNA President

Katy O'Mara
fhna21.Gen@gmail.com

FHNA Vice President

Alicia Alvarez
fhnavicepres@gmail.com

FHNA Secretary

Lori Hunt
fhnadallas.secretary@gmail.com

FHNA Treasurer

Erin Marino
fhnatreasurer1@gmail.com

Beautification Chair

Kurt Bielawski
FHBeautification@gmail.com

Social Chair

Kade Poulson
fhnasocial@gmail.com

FHNA Newsletter Chairs

Marissa Benavides
fhnanewsletter101@gmail.com
Melissa Dermakar
(Advertising)
fhnewsletteradvertising@gmail.com

Membership & Newcomers Chairs

Kathleen Davis
Membership
fhnadallas@gmail.com
Newcomers
newtoforesthills@gmail.com

Planning & Zoning Chair

Jason Pumpelly
fhnapandz@gmail.com

Communications Chair

Aman Scott
fhnacommunications@gmail.com

Fundraiser Chairs

OPEN POSITION

Board Members at Large

Christen Richardson
FHNAmember02@gmail.com
Jaimee Slovak
fhnamember@gmail.com
David Benavides
rdavidbenavides@gmail.com

Media Relations & Support Local

Andie Comini
andiecomini@aol.com

Liaisons

Animal Alert!

Christi Cameron
917-225-6802
Cctx2ny@aol.com

Alex Sanger Liaison

Katy O'Mara
fhna21.Gen@gmail.com

FH Security Program

Carol Lander
Caroltlander@gmail.com

FH Young Children's Club (FHYCC)

Kate Reed - Melissa Pressley
fhchildrensclub@gmail.com

Ferguson Road Initiative

Daniel Ortman
daniel.ortman@fergusonroad.org
Friends of the Warren Ferris Cemetery

Julie Fineman
Julie@juliemannfinemann.com

Waste Warriors Liaison

Elizabeth Descarpentries
Elizabethlylekinhead@msn.com

Webmaster

Sharon Hill
sharonhilltexas@gmail.com

972-800-9753

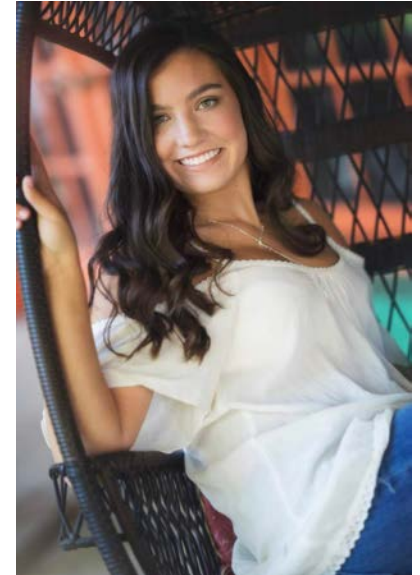


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Buying or selling a home can be a stressful process if you don't have the right real estate agent. It is our passion to buy and/ or sell your home while delivering a little magic along the way. The magic comes from executing an exceptional client experience and relationship that will last a lifetime .



LET'S SPRING INTO ACTION!



Help Support FHNA by joining or renewing your annual membership dues for 2023

Don't forget to renew your annual FHNA Membership. Or if you are not a member, please consider joining! Your financial contribution help support all of the wonderful things we do in the neighborhood. And don't forget, if you pay your dues by March 20th, you will be entered into a drawing for a \$100 gift card to the restaurant of your choice!



Your Forest Hills expert and neighbor for 25 years

“What an incredible REALTOR®! We just purchased our third home from Becky. Wouldn't want anyone else to help us. Amazing experience!”

—Wendy and Tom Rettinger, buyers,
8463 Santa Clara and 8607 San Fernando Way

“She has a unique knowledge of Forest Hills. We were exceedingly happy with our experience!”

—John and Lenore Gilliland, sellers,
8319 San Benito Way

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Speaker-Artist Series



Blooms

Blooms Year Round: Janet Smith

March 4th 4:00-5:30 p.m., Gather at 4:00 p.m. and presentation begins at 4:30 p.m.

8371 San Leandro Dr., Home of Julie Fineman & Lee Glenn

This presentation shows how to have an interesting landscape all year by using native plant perennials instead of having to spend time and money planting for each season.

Janet is a recovering plantaholic who considers the Master Gardener, Master Naturalist and native plant training as her 12-step program. She specializes in creating attractive landscapes that conserve natural resources and money and are good for the local ecology.



WarrenFerris

FROM FERRIS TO FOREST HILLS ...a Retrospective

March 26th 4:00-5:30 p.m.

8371 San Leandro Dr., Home of Lee Glen & Julie Fineman

A highlight tour of Warren Angus Ferris through the lens of Susanne Starling, all the way to Forest Hills in modern day Dallas : Candace Foutoulakis

Candace Fountoulakis has been part of preservation and restoration efforts in historic sites for nearly two decades. Focusing on cemeteries, she researches people, their movements, and kin. Native trees and wildflowers dominated her studies while a master gardener, but her research efforts now encompass people, their movements and kin.

Coming Soon

LIVING LONGER BETTER

Tired of being beat up and broken by your everyday activities, killer workouts or not working out at all because you don't want to be beat up and broken? Come learn about a new program designed to enhance and alter your aging process.

John Mariotti is a 66 year old martial artist and teacher, professional coach, 4 time CrossFit Games competitor. After constantly increasing the intensity of his workouts, 3 surgeries and feeling beat up and broken, he has shifted to a more "long, slow distance" approach .

If you or someone you know has an idea for a speaker or artist, or would like to host an event, please contact Katy O'Mara at fhna21.gen@gmail.com





FHNA Spring Fling

Sunday, April 2, 2023, noon-2pm
San Pedro Parkway and St. Francis intersection

Come join the Sunday fun at our spring picnic this year where we will have activities for everyone!

Feel free to bring a blanket and your own food for the picnic, or you can purchase a selection of items from Waffle O'licious Chicken and Waffle food truck (pre-ordering will be available – more details to come)! We will also have Big D Kona Ice serving snow cones paid for courtesy of the Forest Hills Neighborhood Association!

We will have lots of activities for the kids including two Easter egg hunts starting at 12:30, one for younger kids and one for older kids, and a face painter. The Easter Bunny may even make an appearance.

Parents, we are always looking for volunteers for any children's activities. If you'd like to volunteer for this event, please reach out to FHNASOCIAL@GMAIL.COM.

Thank you all and we hope to see you at the event!





White Rock East Garden Tour Kick-Off Party

Mark your calendar for Thursday, March 30th, 6:30-8:00 p.m., for the Kick-Off party for the White Rock East Garden Tour. Join us in the front yard of Lee Ann and Marshall Hunt's home, 8258 San Fernando Way, for beverages and small bites. This is your opportunity to sign up to volunteer in one of our 3 beautiful gardens or, if you're not familiar with the garden tour, to learn more about it. Come meet other neighbors and garden enthusiasts from all 3 neighborhoods; Casa Linda Estates, Little Forest Hills and Forest Hills.

White Rock East Garden Tour: Sunday May 21st 10:00am-5:00pm.
Contact: kathyglenn@hotmail.com



Fall Board and Committee Chair Elections

It's that time of the year again when we look to our neighbors to step up and join the Forest Hills Neighborhood Association board. Per the approved changes to the bylaws at our April 2022 meeting, the board positions are now staggered, and held for two fiscal years (starting in October and ending on December 31 of the second year, with the exception of the Members-at-Large). The President and remaining committee chair positions will be up for election next year. To be eligible to run you must be at least 18 years of age, a member in good standing of the FHNA and reside in the neighborhood.

Board Positions open for election:

Officers: President

Standing Committee Chairs and Members at Large: Social Chair, Membership & Newcomers Chair, Planning & Zoning Chair, Co-Chairs for Fundraising and (3) Board Members at Large

Please refer to the bylaws on our website, www.foresthillsdallas.org, for all position responsibilities and requirements.

If you or someone you know are interested in being nominated for one of the above positions, please take the following steps:

1. **Reach out to the nominating committee at fhnaelections@gmail.com by 09/30/23.**
2. Refer to the descriptions listed in our upcoming communications and in the bylaws at , www.foresthillsdallas.org to confirm opportunities and obligations.
3. Reach out to the current person holding the position for information if needed (see page 2 of the newsletter).



Show Your Heart for Alex Sanger Preparatory!

A special thank you to all our Forest Hills neighbors and their amazing response to collect hygiene and food items for the Sanger Preparatory Food and Hygiene Lockers just in time for Valentine's Day.

Items such as Toothbrushes/Toothpaste, Floss, Deodorant, Soap, Facial Cleaner, Face Wipes, Combs/Brushes, Tampons/Maxi Pads, Underwear/Socks, Etc. were dropped off while some neighbors donated money which was used to purchase items on their behalf.

A special THANK YOU from our heart to those who stepped in and made magic happen as we truly live in the most wonderful neighborhood!

If you're interested in joining the PTA, donating or sponsoring your neighborhood school at any level, please contact Emily Button: emilybutton@gmail.com.

If you're interested in helping fulfill a teachers wish list; keeping our Pantry and Hygiene lockers stocked or donating to the clothes closet please contact Carolina Cerrillo cacerillo@dallasisd.org

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April 25, 2023

Semi-Annual Neighborhood Meeting

Times Ten Cellars, 6324 Prospect Ave., Dallas, TX 75214

Our next Semi-Annual Neighborhood Meeting will be Tuesday, April 25th. Socializing will begin at 6:30 p.m. with a meeting start time of 7:00 p.m. Please come and hear updates from the board, positions up for election in October and learn about Forest Hills turning 100 in April 2024. This is a great opportunity to both socialize with your neighbors as well as hear the latest about all of the wonderful things happening in our neighborhood. Heavy appetizers and two drink tickets per person will be provided.

Questions about the meeting?

Contact fhnasocial@gmail.com



SUPPORT LOCAL!

The Prickly Pear Pantry

By Andie Comini

Long time Forest Hills resident Mike Carley says his jelly and cocktail syrup company, The Prickly Pear Pantry, began with a biologist visit to the family's Archer County Ranch in 2016. The biologist pointed out that they had a large number of prickly pear cactuses and recommended some control strategies. Having a long-standing desire to utilize wild, natural resources, Mike began to consider what options existed to turn this liability into an asset. After several years of experimentation on his family, he began to produce prickly pear jelly and later cocktail syrup and pancake syrup. They were all a big hit with the Carley family and their friends.

In 2020, during COVID lockdowns, Mike decided to produce the products for sale to consumers. It is truly a family venture. Sam Carley, the youngest Carley and at the time 13 years old, designed The Prickly Pear Pantry logo. Mike and Sam pick the prickly pear fruit, or tunas as they are sometimes called, by hand during the months of September through November. It is a dangerous venture as the prickly pears have many small prickles and getting stabbed by them happens throughout the picking process all the way through the processing.

They then extract the juice from the fruit with a medieval looking machine and use that juice to make their products. They are excited to offer their products for sale through their website thepricklypearpantry.com where they offer free pickup of their products for Forest



Hills neighbors. They also sell their products through Etsy, Amazon, and Ebay, just search for The Prickly Pear Pantry and you'll find them.

Recently, they have had their products sold locally at the Cottonwood Mall and at Maker's Connect. They have especially enjoyed showcasing their products at the Forest Hills Holiday Bazaar, where Janine convinced Mike that tasting the cocktail syrup in margaritas would be a good way to show everyone how tasty the cocktail syrup was! The Prickly Pear Pantry products are truly "Farm to Table". And with Cinco de Mayo around the corner, now is the time to buy a jar of their cocktail syrup with a free recipe for their famous Prickly Pear Margaritas!

Welcome Newcomers!

8500 Block of San Leandro

Laura Greer

Apologies if we have overlooked anyone. Newcomers can be missed when move-in is delayed for remodeling or when a home is purchased directly from builder or previous owner. Let us know of any oversights.

Also if you have just arrived or if you have a new neighbor, please contact us with names/addresses, so we can extend a big welcome.

newtoforesthills@gmail.com

CONTRIBUTORS NEEDED

If you have an idea for a great story or regular feature, are interested in writing features about people in the neighborhood, or have an idea about an individual or family who should be featured, please email us at fhnnewsletter101@gmail.com.



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FOOD FOR THOUGHT:

An Opportunity to Make a Difference

By Elizabeth Descarpentries

Christophe, my husband, arranged this platter for our traditional bagels and lox Christmas brunch. I laughed at the unexpected placement of the sticker he had pulled from his stocking a few hours earlier and taken as a hint that he should change his diet and lose weight. But, the sticker says something completely different to me. It means we have choices when we eat, and they affect you, animals, and our environment.

- **We can choose to eat fast food**, and we will be supporting an industry that promotes cruelty to animals, obesity, waste, and litter – The speed at which chickens are processed on the slaughter line has doubled since 1979, from 70 birds per minute to 140 today. ¹
- **We can choose to eat fish and shellfish and encourage the depletion of our oceans of marine life** and likely pollute our bodies with mercury and toxins – High demand for seafood drives overexploitation and environmental degradation, eroding the marine food web. ²
- **We can buy lettuce in plastic clamshells and increase the proliferation of plastic** – Plastic isn't recyclable – unlike metal, glass, and paper – meaning it can't be recycled over and over and takes more energy to recycle it than to make it new. ³
- **We can buy cream cheese in a paper box instead of a plastic tub** – Consumers can put pressure on companies to stop filling store shelves with single-use plastics by not buying them and instead choosing reusables and products in better packaging. ⁴



- **We can throw away the leftovers** – The average U.S. household wastes a third of the food it buys, and food waste is responsible for twice as many greenhouse emissions as commercial aviation. ⁵

Every choice we make when we eat has a consequence. Thinking about what we buy and consume doesn't have to take the pleasure out of eating but could, instead, make it a more precious and deliberate experience.

In 2023, conserve your body, the planet, and all creatures by making conscious choices about how you eat.

1. "What We Don't Talk About When We Talk Fast Food's Chicken Sandwich Wars" Ali Francis, *Bon Appetit*, Dec 9, 2022
2. "Overfishing" Worldwidelife.org/threats/overfishing
3. "Recycling! Is it BS?" *How to Save a Planet*, Jan 21, 2021
4. "Plastic Recycling Doesn't Work and Will Never Work" Judith Enck and Jan Dell, *The Atlantic*, May 30, 2022
5. "How Central Ohio Got People to Eat Their Leftovers," Susan Shain, *The New York Times*, Jan 1, 2023



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FRIENDS OF THE WARREN FERRIS CEMETERY

Vanishing Prairie & Art Coincide



Matt White, Julie Fineman, Sue Benner & Lee Glenn in the Cemetery

This month conservationist, artist & author of ***Prairie Time: A Blackland Portrait*** Matt White & his wife Kristin, visited the Warren Ferris Cemetery.

Matt's enthusiasm for the neighborhood's native landscape restoration efforts inspired him to send dried native plant clippings from the cemetery to renowned artist James Prosek. James plans to include drawings & paintings of the clippings in his upcoming show at the Ft. Worth Amon Carter Museum in September, 2023 – January, 2024. *To learn more about this exhibit, scan the QR code above.*

From Ferris to Forest Hills...a retrospective

The Forest Hills Neighborhood Association & the Friends of the Warren Ferris Cemetery are partnering on a series of talks, walks & discussions for 2023.

First on the agenda is "***From Ferris to Forest Hills.....a retrospective***" with speaker Candace Fountoulakis.

Highlighting the life of Warren Ferris, the first surveyor of Dallas County, Candace's will trace the history of Forest Hills. From its inception as the 640 -acre homestead of Warren Ferris, to its modern incarnation as a prominent Dallas neighborhood, she recounts its development through the lens of Ferris' biographer Susanne Starling.

Candace has been part of preservation & restoration efforts for historic sites for nearly two decades. Cemeteries have been her main focus & she serves on the Board of two associations in Collin County. Native trees & wildflowers dominated her studies while a Master Gardener, but her research efforts now include people, their movement and their kin. The 1870's have become her most well researched decade.

The talk will be Sunday, March 26th, 4:00 p.m., at the Glenn/Fineman residence, 8371 San Leandro Drive, adjacent to the Warren Ferris Cemetery.

Refreshments will be served after the talk.

RSVP to Julie Fineman:

213.700.7481

julie@julieannfineman.com

Ferris Cemetery Descendant Blog

Christine Cohen is now in-charge of the ongoing descendent blog on the FWFC website. Contact her at greyhairfarm@yahoo.com with descendant stories or anecdotes about relatives & lineage connected to the Warren Ferris Cemetery.

As the great-granddaughter of Warren Angus Ferris, Christine's latest installment, *The Making of a Historic Texas Cemetery,* is filled with family stories & documentation. Scan the QR code for more information.



WHITE ROCK SELF STORAGE

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Come Celebrate With US!



In May of 1998, White Rock Self Storage opened for business. At that time there were only five buildings with 363 units. As demand grew, so did they with the construction of Phase II - three buildings with 151 units and Phase III - a two story building with 249 units. From the beginning, the facility had a computerized gate with an individual access code system, unit door alarms, and video cameras in the office and throughout the property. The facility has been continuously updated for optimum digital presence and performance.

Manager Tommy Kirk and Assistant Manager Kathleen Crawford are the smiling faces ready to help you with any storage needs/questions you might have. Not only do they help FH with our storage needs, they have been an advertiser with the FH Newsletter going back many, many years and just last year supported the FH Security Program by becoming a Sponsor.

To celebrate their 25th anniversary, they are designating May as **Tenant Appreciation Month**. On Saturdays May 13 and May 20 from 11- 2:00 they will be serving hamburgers and drinks to show their appreciation for all their amazing tenants, many of which are Forest Hills residents! There will also be a drawing for a **FREE Month of Rent**.

So, mark your calendars for the May celebration as you won't want to miss out on the food, fun, and the chance to enter the drawing. They look forward to sharing their smiles with us!

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Sanger Stallion Corner

It's been a great start to the new year for the Stallions. In February the Middle School Robotics team took 3 out of 6 awards home from the 2023 STEM EXPO competition. Congratulations! We wish them well and hope for a repeat of last year in which they again make it all the way to the World Competition! This spring students will soon be learning in and enjoying their new Garden Learning Space (see plan below) designed and implemented by Out-Teach.org. The space will include spaces for learning weather, Earth science and math. Stop by and check it out.

DALLAS ISD 2023 STEM EXPO

CONGRATULATIONS!!! TO OUR ELEMENTARY AND MIDDLE SCHOOL ROBOTICS TEAMS

OUR ELEMENTARY TEAM DID AMAZING ON THEIR FIRST BLENDED COMPETITION.

OUR MIDDLE SCHOOL TEAM WON 3 OUT OF 6 AWARDS. WAY TO GO KIDDOS!!!



20616A (MS)
2ND PLACE TEAMWORK AWARD
SKILLS AWARD
EXCELLENCE AWARD



20616D (ES)
EXCELLENCE AWARD



Grade Level Curriculum Tied to Garden

Each grade or class has a bed

- 1st Grade = Life Cycles of a Plant
- 2nd Grade = Life cycle of Insects
- 3rd Grade = Food Chains, Sun, Earth, Moon (see sundial)
- 4th Grade = Native Texas Plants

*Could be executed quickly and with little funding as the garden already exists and has sprinklers

- 5th Grade = Insect Metamorphosis, Light, Fossil Fuels (butterfly garden)
- 6th Grade = TBD
- 7th Grade = TBD
- 8th Grade = TBD

Sanger Art Class Projects: Garden Signs in English/ Spanish + Sundial + vegetable marker signs + all classes can paint bricks to line the garden beds



Native Texas Plants Garden

Earth Science Station

Sensory Path

ADA Accessible

LETTUCE (multiple locations)

Join in the Sanger Stallions' Earth Science Journey Adventures

Sanger Stallion Garden

In Our Garden We Learn

Sharing

Confidence



FOREST HILLS SECURITY

WORKING TOGETHER TO KEEP OUR NEIGHBORHOOD SAFE

FHSP is celebrating 20 years dedicated to the safety and security of our neighborhood!

2023 IS OFF TO A RECORD BREAKING START!

45% OF HOUSEHOLDS ARE IN!

- **218** households **IN** before our Annual "Sign In" Day of 1-23
- **290** households **IN** by the beginning of February 2023
- **210** households **NEEDED** to reach our goal of 500 households



WHY JOIN?
More Households =
More Patrols =
Less Crime!



FHSP + Alley Signs = Faster EMS Response Times

Drive through Forest Hills at night, and you will find dark alleys with poorly marked house numbers. For this reason, ENP Coordinator, Sgt. Mike Mata, recently suggested that our neighborhood install reflective address signs in our alleys. The FHSP Board unanimously voted to fund the expense for these signs. These TxDOT approved signs are 16"x8", and made of rust-resistant, black metal with reflective numbers. This makes them easy to spot and enables ALL emergency services to locate addresses quickly from the alley. As of early February, The Bob Squad & Carol have installed or handed out 161 signs.



HOW DO YOU GET ONE?

Get **IN**, Stay **IN** and the FHSP will do the rest! It's as easy as 1-2-3!

1. **PAY** your membership dues.
2. **SIGN** the consent form.
3. **EMAIL** it to caroltlander@gmail.com, **TEXT** it to 972-571-6526, or **SEND/DROP** it to 8230 Forest Hills Boulevard.

ANNUAL MEMBERSHIP LEVELS

Ring of Honor	\$1,000
Platinum	\$750
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Check: Forest Hills Security Program (FHSP)
 PO Box 180693, Dallas, TX 75218

Credit Card via PayPal: www.freshillssecurity.org
 Payment Inquiry: FHSPtreasurer@gmail.com
 Home Watch Request: fhspenp@aol.com

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ANIMAL ALERT!

With spring upon us and taking our dogs out more, it is time to be reminded how to be a good pet parent and set everyone up for success:

1. ALWAYS keep your dog on a leash. Not only is it the law, but it is for everyone's safety, as well. Most dogs are intimidated when they are on leash and another dog is off. You never know how other dogs on leash will respond with a curious dog walking right up to them. A leash also protects the animal from the unexpected.

*Be extra careful when using retractable leashes, especially if you have a dog that pulls...these leashes have a tendency to snap.

2. Out of respect for other pet parents and their pet, ALWAYS ask if it is ok for your dog to meet another dog. Yes, I know, your pup may be friendly but every dog is different especially in new situations and environments.

3. Scoop the poop! Dog feces carry bacteria and parasites and can be passed onto other dogs if sniffed, touched or ingested. And please dispose of it in your own garbage can.

Happy walking!

917-225-6802

animal_alert@aol.com



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(214) 324-1500



Yard of the Month

By Wendy Rettinger

January 2023

**8447 San Fernando Way
Justin & Whitney Hissong**

Happy New Year

Congrats to January's YOM! They started off the New Year with very little damage from the hard freeze we suffered around Christmas. There's so much to admire here! A welcoming porch with beautiful columns, a front yard with relaxing Adirondack chairs, exquisite architectural features and a pretty fence that boasts a charming gate to the backyard. Hopefully you had a chance to enjoy the view of this beautiful front yard with colorful pansy filled beds and trees covered in sparkling white Christmas lights.



February 2023

**8414 San Fernando Way
Chad Dorsey & Kurt Bielawski**

It's in the Details

This yard has gone through a tremendous renovation that includes all landscaping in the front and side yard. Next time you pass by February's YOM, look closely and notice the beautiful limestone edging along both the driveway and landscape beds. Comfortable chairs are set up to provide a conversation area. There are Magnolia trees, Yaupon Hollies, Distylium and three Cedar Elms just to name a few. On both sides of the pretty wrought iron fence is a hedge of Needle Point Holly which provides color year round. Once spring arrives take a stroll past this winner to admire their pretty zoysia grass lawn!





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Ana Juarez | ana@lamontrealstate.com



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